

# AT HOME DISCUSSION

TRUTH: February 28th | Week 2

## MAIN POINT AND BIBLE VERSE

Be true to who God made you to be.

*Ephesians 4:24 NIV*

*... put on the new self, created to be like God in true righteousness and holiness.*

**1. What do you think the “new self” in the Bible verse is?** *Answers will vary. Idea: Who you are when you choose to follow Jesus instead of yourself*

## REVIEW QUESTIONS

- 1. What do you think it means to be true to yourself?** *Answers will vary.*
- 2. Think about your new, true, good self God created you to be—what is that self like?** *Answers will vary.*
- 3. Who knows your true self even better than you do?** *Jesus*
- 4. What do you think Jesus would say about your true self?** *Answers will vary. Help kids know Jesus loves them and thinks good things about them.*
- 5. How would you help a friend who thought they were good at something, and it turned out they weren't?** *Answers will vary.*

## ACTION STEP QUESTIONS

- 1. What are some things you're really good at?** *Answers will vary.*
- 2. How can you serve God and serve others with the things you're good at?** *Answers will vary.*

## PRAY TOGETHER

- 1. Ask** kids to share things they'd like to pray about.
- 2. Write down** their prayer requests.
- 3. Pray** together over the prayer requests.

**Not sure what to pray? Pray this:** *God, please help us learn our place in Your Church and serve others with the things You made us good at. In Jesus' name, amen.*

