

AT HOME DISCUSSION

STAY FRESH: June 27th | Week 2

MAIN POINT AND BIBLE VERSE

Big Question

What does repentance mean?

The Verse

Ephesians 4:21-24 NLT, Since you have heard about Jesus and have learned the truth that comes from him, throw off your old sinful nature and your former way of life, which is corrupted by lust and deception. Instead, let the Spirit renew your thoughts and attitudes. Put on your new nature, created to be like God—truly righteous and holy.

ICEBREAKER QUESTION

What's a food you love, but wouldn't eat if it were covered in maple syrup?

LESSON QUESTIONS

1. What was your favorite part of the message today? What's one thing you learned?
2. What's your answer to today's big question? (Printed above)
3. During today's game, your papers probably seemed to get heavier and heavier as time passed. How is that similar to how it feels to carry shame in your heart instead of turning to God and repenting?
4. What do you think keeps you (or others) from coming home to God for forgiveness when you've messed up?
5. Read Ephesians 4:21-24 NLT. What do you think it means to let the Holy Spirit renew your thoughts and attitudes? What do you think the Holy Spirit could renew about your thoughts and attitudes?
6. Talk to students about what's on their minds and hearts and bring those things to God in prayer together.

PRAY TOGETHER

