

# AT HOME DISCUSSION

OUTSIDE THE ZONE: September 20th | Week 2

## MAIN POINT AND BIBLE VERSE

### Big Question

Do you have confidence in God's strength?

### The Verse

Psalm 20:7 NIV

Some trust in chariots and some in horses, but we trust in the name of the LORD our God.

## ICEBREAKER QUESTION

If you had to overpower a giant, what kind of weapon would you want and why?

## LESSON QUESTIONS

1. Have you ever heard the story of David and Goliath before? What's something new you learned about it today?
2. What are some issues in your life that feel like giants—things you feel powerless against?
3. David was confident in God because he had seen God help him before. What are some times God has helped you overcome something that felt giant at the time? Does that give you confidence to face the giants in your life now? Why or why not?
4. Read Psalm 20:7 NIV. If you're honest—would you say you have confidence in God's strength? What makes you say that?
5. What will you do to start facing some of the giants in your life? How can we help you do that?
6. What are some ways you can start trusting God to help you get through life's battles?

## PRAY TOGETHER

