

# AT HOME DISCUSSION

LEGENDARY CHARACTER: March 14th | Week 3

## MAIN POINT AND BIBLE VERSE

### Big Question

*What do you think about the word “discipline”?*

### The Verse

*Hebrews 12:11 NLT*

*No discipline is enjoyable while it is happening—it’s painful! But afterward there will be a peaceful harvest of right living for those who are trained in this way.*

## ICEBREAKER QUESTION

If you could draw one animal perfectly, what do you wish it could be?

## LESSON QUESTIONS

1. What was your favorite part of the message today? What’s one thing you learned?
2. Do you think discipline is a good thing? Why or why not?
3. Outside of sports, what healthy habits do you practice every day?
4. Read Hebrews 12:11 NLT. What do you think a “peaceful harvest of right living” looks like?
5. Why does having mega discipline lead to a peaceful life better than just “trying harder”?
6. Take action. This week, think about a big change you’d like to make, like: getting organized, being more physically active, controlling your tongue, having a better attitude about school, or whatever. Start doing one small step every day to help you reach that goal. Remember: Micro habits lead to mega discipline!

## PRAY TOGETHER

