

AT HOME DISCUSSION

GOD GIVES ME COURAGE: May 23rd | Week 1

MAIN POINT AND BIBLE VERSE

God gives me courage to face fear.

Psalm 56:3 NIV

When I am afraid, I put my trust in you.

1. Who can we always put our trust in when we're afraid? *God*

REVIEW QUESTIONS

1. Does courage mean you're never afraid? *No*
2. What does courage mean? *Facing fear with God's power*
3. In the Bible, Queen Esther risked her life by talking to the king. How do you think she got the courage to do that? *Answers will vary.*
4. How do you think feeling afraid helps us grow courage? *Answers will vary.*
5. How do you think trusting God helps when we're afraid? *Answers will vary.*
6. Talk about a time when feeling afraid kept you from doing what you needed to do. *Responses will vary.*

ACTION STEP QUESTIONS

1. How can you show courage this week? *Answers will vary.*
2. If you're feeling afraid, how can you get the courage to do what you need to do? *Ask God for it, ask a friend to help, say the Bible verse to myself, etc.*

PRAY TOGETHER

1. **Ask** kids to share things they'd like to pray about.
2. **Write down** their prayer requests.
3. **Pray** together over the prayer requests.

Not sure what to pray? Pray this: *God, Thank You for giving us the courage to do what we need to do, even when we feel afraid. In Jesus' name, amen.*

