

AT HOME DISCUSSION

BE REAL, NOT FAKE: June 20th | Week 1

MAIN POINT AND BIBLE VERSE

Don't fake it. Let God's Holy Spirit change you.

Galatians 5:16 NIRV

... live by the Holy Spirit's power. Then you will not do what your sinful nature wants you to do.

1. If you could have one superpower, what would it be?
2. Whose power helps you say no to temptation and sin—yours or the Holy Spirit's?
The Holy Spirit's

REVIEW QUESTIONS

1. When you're trying really hard to be good all the time, how do you feel? Answers will vary.
2. How do you think you'll be able to tell that God is changing your heart on the inside? Answers will vary. Ideas: It might be easier to say no to sins and yes to living God's way, you might make more choices that show the fruit of the Spirit, etc.
3. What do you think it means to act fake? Answers will vary. Ideas: Pretending to be someone you're not—trying to make people believe you're happy and good when you feel bad inside, etc.
4. Talk about a time you acted good on the outside but you felt bad on the inside. Answers will vary.

ACTION STEP QUESTIONS

1. If you get tired of making good choices, what do you think can help you? Answers will vary. Ideas: Pray for God's help; talk to a trusted adult; etc.
2. Which fruit of the Spirit will you ask God to help you get better at this week? Answers will vary.

PRAY TOGETHER

1. Ask kids to share things they'd like to pray about.
2. Write down their prayer requests.
3. Pray together over the prayer requests.

Not sure what to pray? Pray this: *God, please help us depend on You to change us from the inside out, instead of trying to be good on the outside. In Jesus' name, amen.*

