

*A Psalm of David when he feigned madness before Abimelech, who drove him away and he departed.*

<sup>1</sup> I will bless the Lord at all times; His praise shall continually be in my mouth. <sup>2</sup> My soul will make its boast in the Lord; The humble will hear it and rejoice. <sup>3</sup> O magnify the Lord with me, and let us exalt His name together. <sup>4</sup> I sought the Lord, and He answered me, and delivered me from all my fears. <sup>5</sup> They looked to Him and were radiant, And their faces will never be ashamed. <sup>6</sup> This poor man cried, and the Lord heard him and saved him out of all his troubles. ...

**Psalm 34 : 1-10, 22**

<sup>7</sup> The angel of the Lord encamps around those who fear Him, and rescues them. <sup>8</sup> O taste and see that the Lord is good; How blessed is the man who takes refuge in Him! O fear the Lord, you His saints; For to those who fear Him there is no want. <sup>10</sup> The young lions do lack and suffer hunger; But they who seek the Lord shall not be in want of any good thing. <sup>22</sup> The Lord redeems the soul of His servants, and none of those who take refuge in Him will be condemned.

**Psalm 34 : 1 - 10, 22**



**...AND HE ANSWERED ME**  
**STORIES OF PRAYER AND THE GOD OF GRACE**



**Self-Worth**

The Lord redeems the  
soul of His servants

**Psalm 34 : 22**



**Where we get our identity**



A person is lying on their back, with their hands clasped together above their head. The scene is dimly lit, with a strong red light source from the left, casting a glow on the person's face and hands. The person's eyes are closed, and their expression is neutral. The background is dark and indistinct.

**Where we get our identity**

**Why self-creation can't last**

A person is lying on their back, with their hands clasped together over their head. The scene is illuminated by a strong red light, creating a dramatic and somewhat somber atmosphere. The person's face is partially visible, and their hair is dark. The background is dark, making the red light stand out.

**Where we get our identity**

**Why self-creation can't last**

**Where can we get an  
authentic identity**



**Where we get our identity**

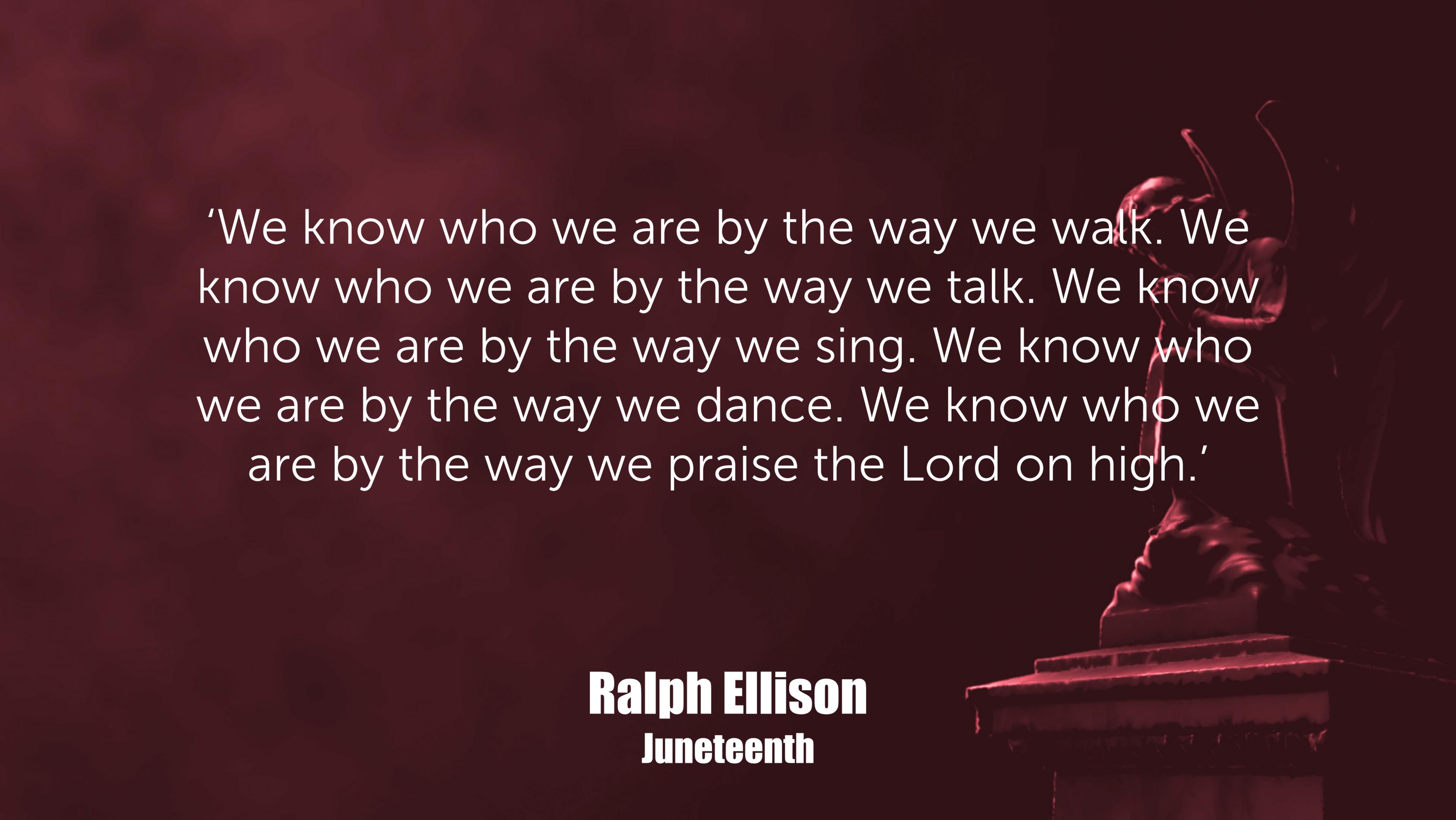
**Why self-creation can't last**

**Where can we get an  
authentic identity**

**How we live in that identity**

**Where we get our identity**



A statue of a person, possibly a historical figure, is shown in a dark, dramatic setting. The statue is illuminated with a strong red light, creating a somber and intense atmosphere. The person appears to be in a state of distress or contemplation, with their head tilted back and hands near their face. The background is dark, with some faint outlines of architectural elements.

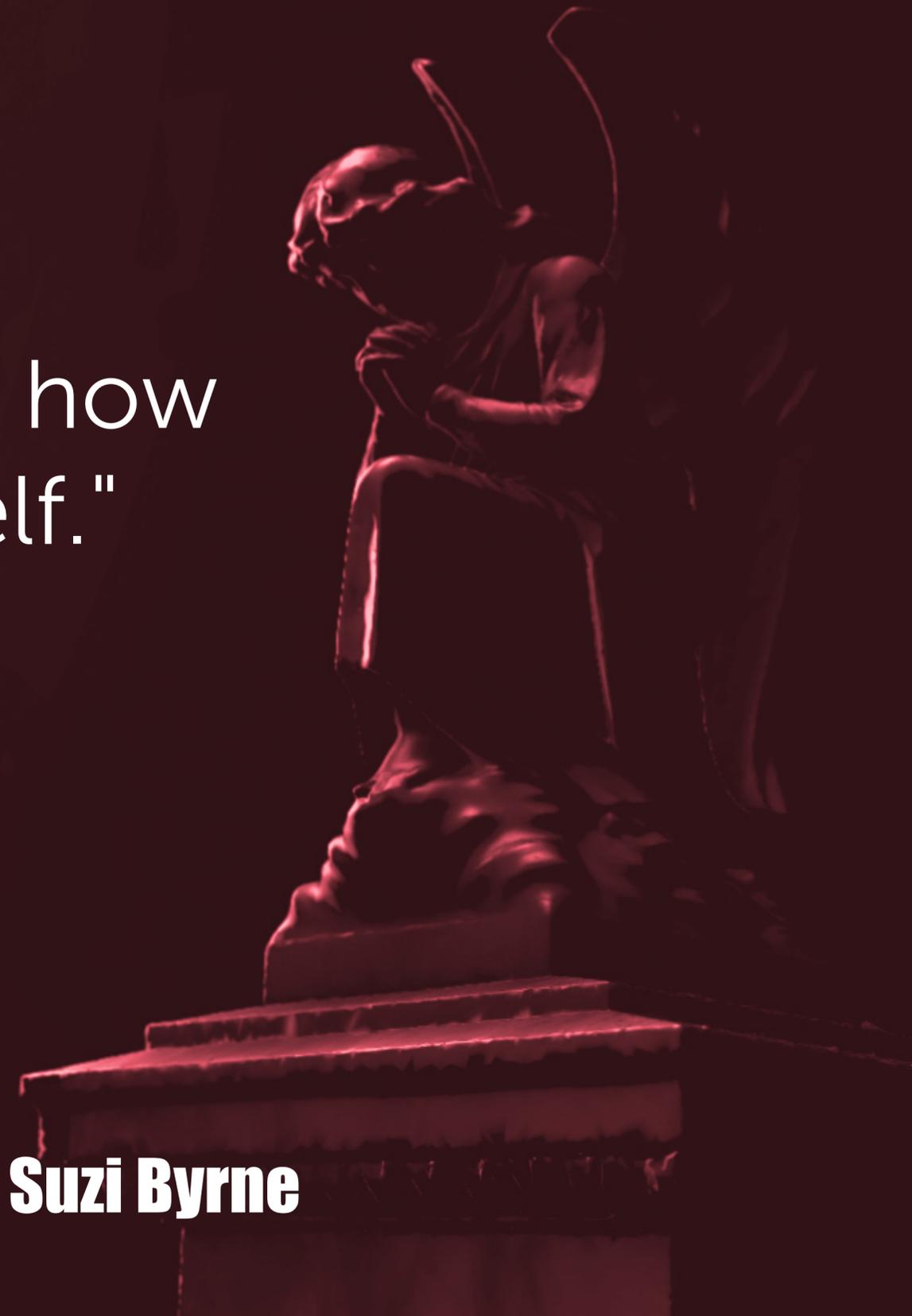
'We know who we are by the way we walk. We know who we are by the way we talk. We know who we are by the way we sing. We know who we are by the way we dance. We know who we are by the way we praise the Lord on high.'

**Ralph Ellison**  
**Juneteenth**

"Your worth is based on how  
you feel about yourself."

**Miley Cyrus**

**"Crush: Hollywood's Next Generation" by Suzi Byrne**



A person is lying on their back, with their hands clasped together and held over their head. The scene is dimly lit, with a strong red light source from the left, casting a glow on the person's face and hands. The person's eyes are closed, and their expression is neutral. The background is dark and indistinct.

**Where we get our identity**

**Why self-creation can't last**

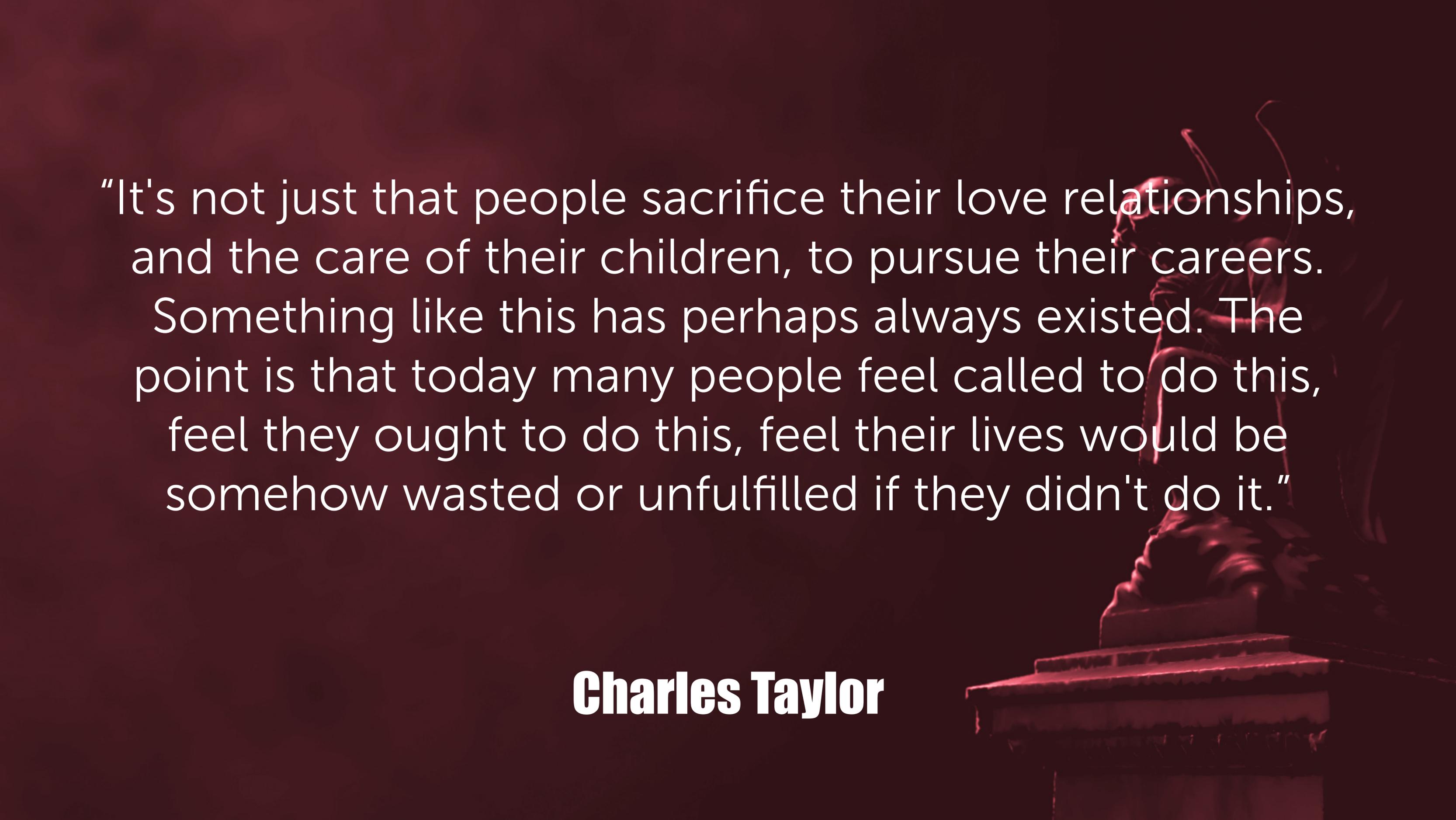
**It's psychologically incoherent**



**It's psychologically incoherent**

**It's communally destabilizing**





“It's not just that people sacrifice their love relationships, and the care of their children, to pursue their careers. Something like this has perhaps always existed. The point is that today many people feel called to do this, feel they ought to do this, feel their lives would be somehow wasted or unfulfilled if they didn't do it.”

**Charles Taylor**

**It's psychologically incoherent**

**It's communally destabilizing**

**It's personally limiting**





**It's psychologically incoherent**

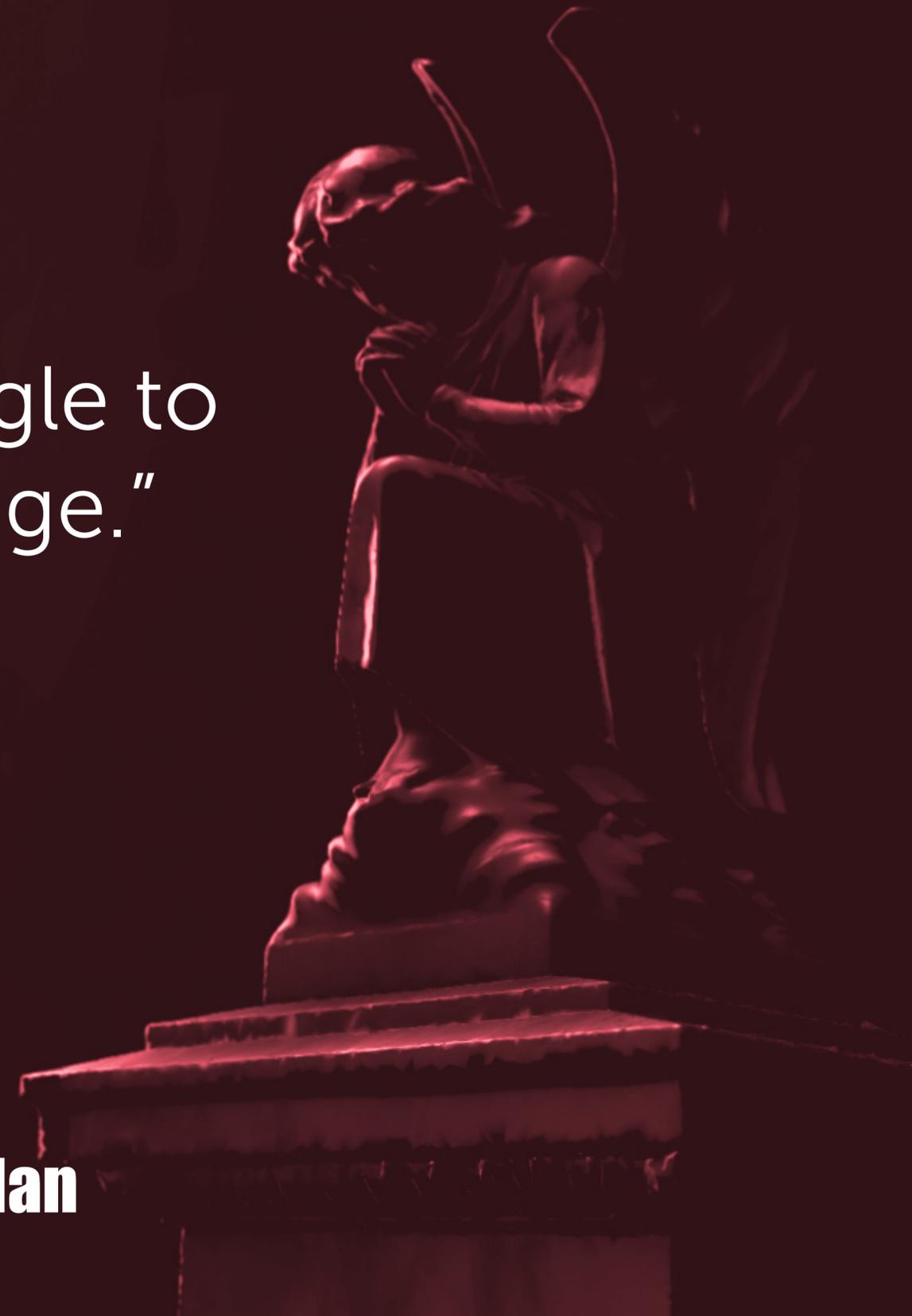
**It's communally destabilizing**

**It's personally limiting**

**It's relationally exclusive**

“Self-creation is the struggle to  
the death for pure prestige.”

**Francis Fukuyama**  
**The End of History and the Last Man**

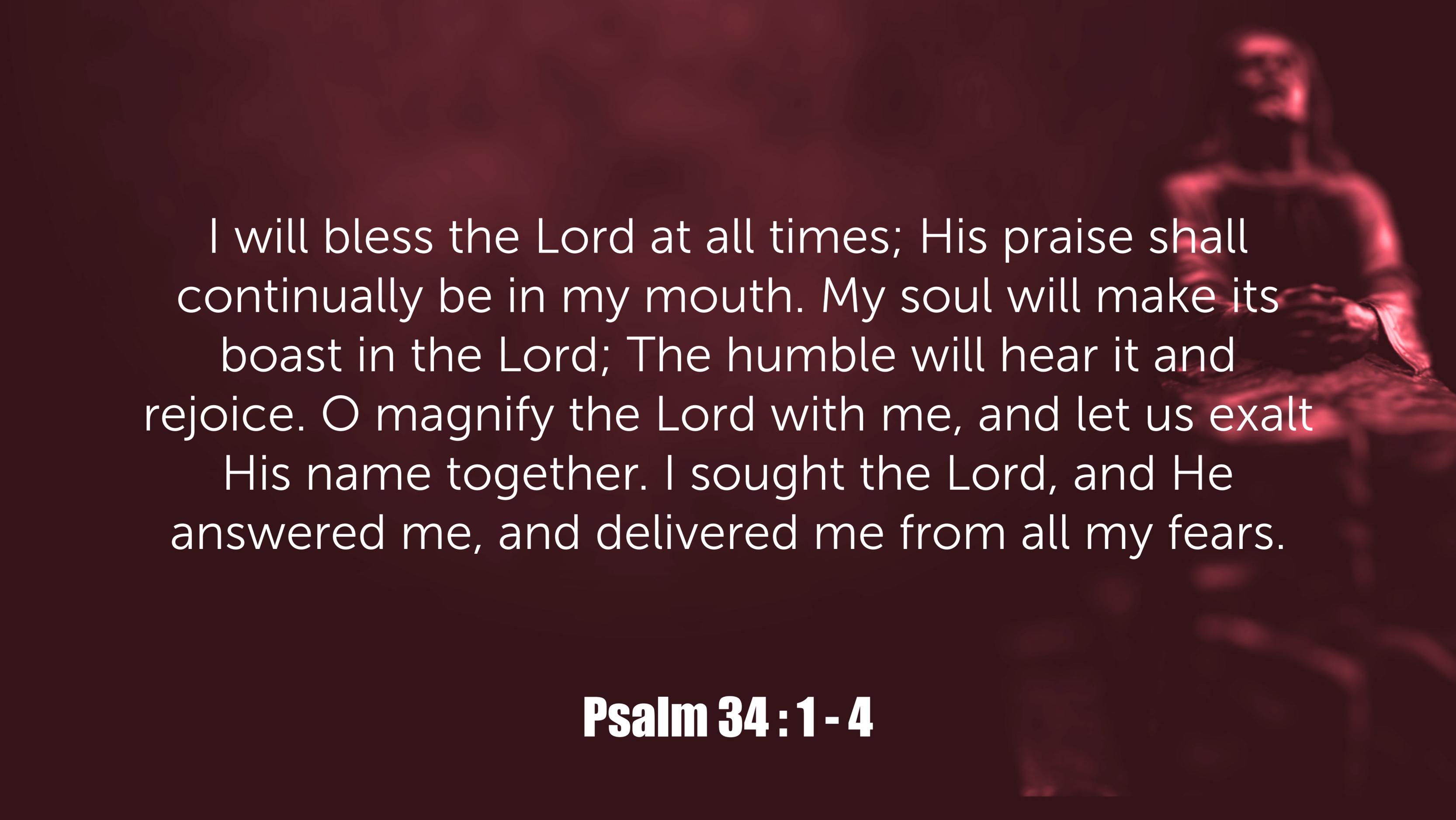


A person is lying on their back, with their hands clasped together over their head. They are wearing a dark, long-sleeved top. The scene is lit with a strong red light, creating a dramatic and somewhat somber atmosphere. The background is dark, making the person and the red light the central focus.

**Where we get our identity**

**Why self-creation can't last**

**Where can we get an  
authentic identity**



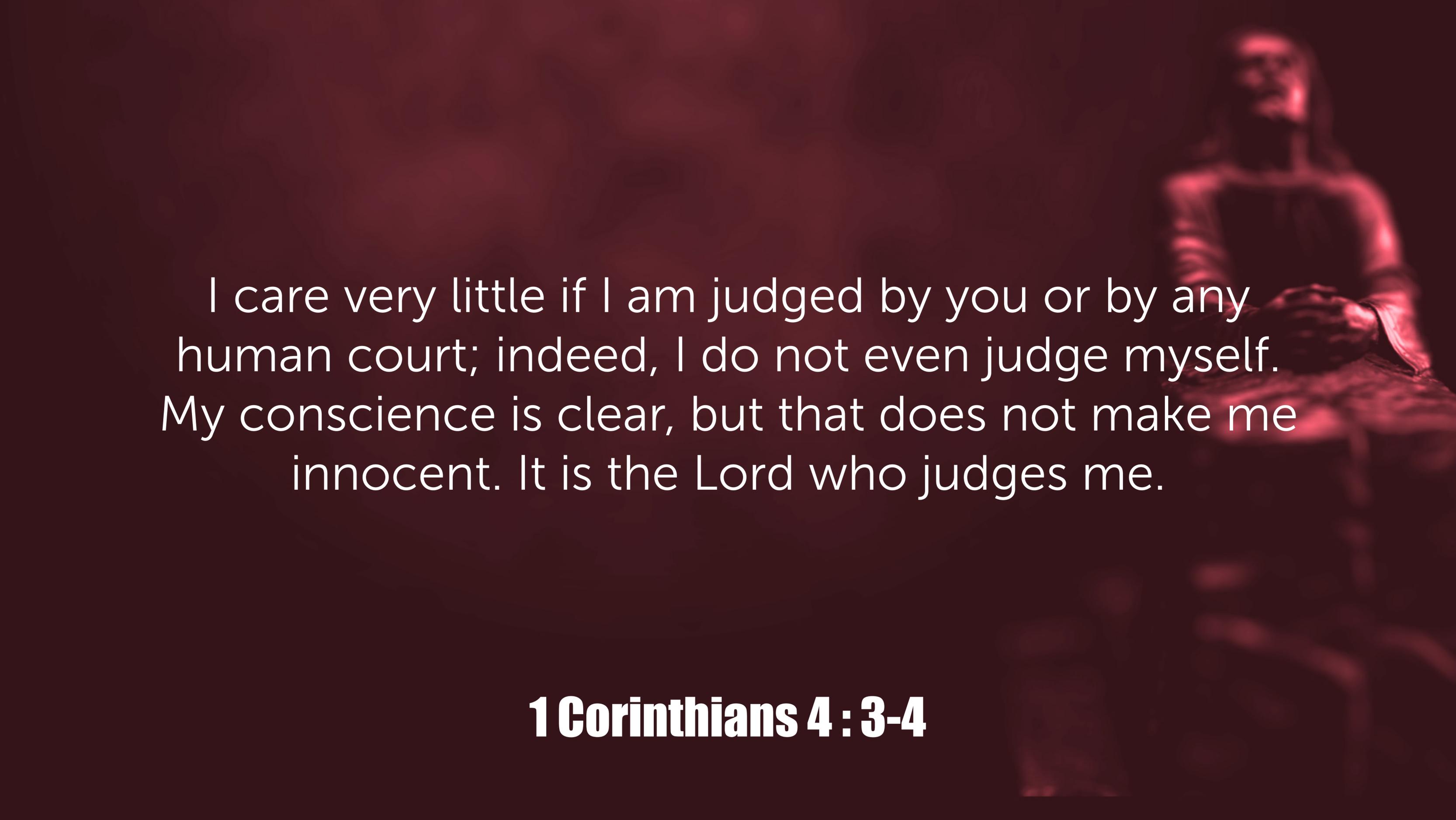
I will bless the Lord at all times; His praise shall continually be in my mouth. My soul will make its boast in the Lord; The humble will hear it and rejoice. O magnify the Lord with me, and let us exalt His name together. I sought the Lord, and He answered me, and delivered me from all my fears.

**Psalm 34:1-4**

My soul will make its boast in the Lord

**Psalm 34 : 2**





I care very little if I am judged by you or by any human court; indeed, I do not even judge myself. My conscience is clear, but that does not make me innocent. It is the Lord who judges me.

**1 Corinthians 4 : 3-4**

A person is lying on their back, with their hands clasped together over their head. They are wearing a dark, long-sleeved top. The scene is lit with a strong red light, creating a dramatic and somewhat somber atmosphere. The background is dark, making the person and the red light the central focus.

**Where we get our identity**

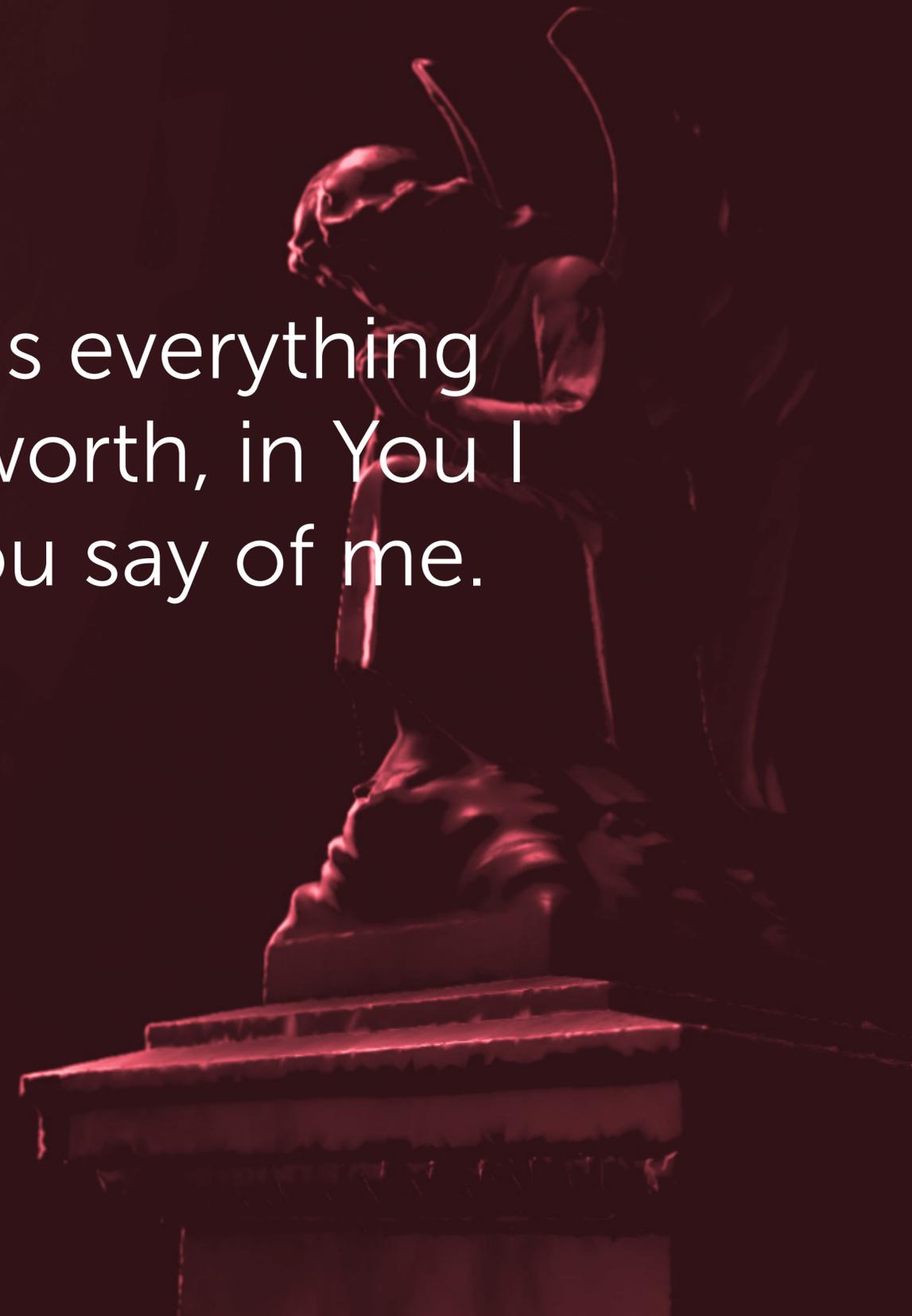
**Why self-creation can't last**

**Where can we get an  
authentic identity**

**How we live in that identity**

The only thing that matters now is everything  
You think of me. In You I find my worth, in You I  
find my identity. I believe what you say of me.

**Lauren Daigle**





**...AND HE ANSWERED ME**  
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